

1. 禁用副本分配

停止外部写入，停止副本分配

```
PUT _cluster/settings
{
  "persistent": {
    "cluster.routing.allocation.enable": "none",
    "cluster.routing.rebalance.enable": "none",
    "cluster.routing.allocation.allow_rebalance": "indices primaries_active"
  }
}
```

2. 执行同步刷新

```
POST _flush/synced
```

3. 停止服务

停止 目标节点上的es服务

```
sudo systemctl stop elasticsearch.service
# sudo service elasticsearch stop
```

4. 恢复主分片

```
PUT _cluster/settings
{
  "persistent": {
    "cluster.routing.allocation.enable": "primaries",
    "cluster.routing.rebalance.enable": "primaries",
    "cluster.routing.allocation.allow_rebalance": "indices primaries_active"
  }
}
```

5. 还原配置

等主分片恢复后，还原配置

```
PUT _cluster/settings
{
  "persistent": {
    "cluster.routing.rebalance.enable": "all",
    "cluster.routing.allocation.enable": "all",
    "cluster.routing.allocation.allow_rebalance": "indices_all_active"
  }
}
```